

CW Resources Senior Community Café


LS: Low Salt

1% or Skim milk provided
Margarine available

April, 2016

MENU ITEMS SUBJECT TO CHANGE

\$2.00 SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>For Lunch Reservations, Please Call</p> <p>Reservations <i>MUST</i> Be Made 2 Days In Advance</p>				
<p>4</p> <p>Orange Juice Chicken Strips with Honey Mustard Sauce Rice Pilaf Broccoli</p> <p>W.W.Dinner Roll</p> <p>Fresh Apple</p>	<p>5</p> <p>Meatloaf LS Beef Gravy Mashed Potato Peas and Mushrooms</p> <p>Whole Wheat Bread</p> <p>Orange</p>	<p>6</p> <p>Cheese Ravioli Tomato Sauce Romaine Salad Italian Dressing</p> <p>Garlic Bread</p> <p>Peaches</p>	<p>7</p> <p>Grape Juice Lazy Man's Meatball Stuffed Cabbage Whipped Potato Green Beans</p> <p>Pumpnickel Bread</p> <p>Birthday Cake</p>	
<p>11</p> <p>Grape Juice Garlic Baked Chicken with Spinach and Parmesan Cheese Sesame Noodles Cauliflower Pumpnickel Bread</p> <p>Lemon Pudding</p>	<p>12</p> <p>Hot, Open Faced Roast Beef Sandwich LS Beef Gravy Lyonnais Potatoes Green Beans</p> <p>White Bread</p> <p>Pineapple Chunks</p>	<p>13</p> <p>Chicken Vegetable Soup Unsalted Crackers Stuffed Shells Marinara Sauce Broccoli</p> <p>Garlic Bread</p> <p>Mixed Fruit Cup</p>	<p>14</p> <p>Sliced Pork Sandwich Au Jus Steak Fries Red and White Slaw</p> <p>Kaiser Roll</p> <p>Fruited Jell-O</p>	
<p>18</p> <p>Pineapple Juice Pepper Steak Au Jus Mashed Potato Peas and Carrots</p> <p>100% W.W. Bread</p> <p>Ginger Cookies</p>	<p>19</p> <p>LS Tomato Soup Unsalted Crackers Crab Cakes Steak Fries Spinach Ketchup</p> <p>Oatmeal Bread</p> <p>Fresh Orange</p>	<p>20</p> <p>Grape Juice Rigatoni with Meat Sauce Garden Salad Ranch Dressing Parmesan Cheese</p> <p>Italian Bread</p> <p>Pineapple Rings</p>	<p>21</p> <p>Grape Juice Roast Turkey LS Turkey Gravy Cranberry Stuffing Carrot Coins Cranberry Sauce</p> <p>Dinner Roll</p> <p>Rice Pudding</p>	<p><i>Please call the kitchen phone TWO days in advance to make a reservation: 203--775-5237</i></p>
<p>25</p> <p>Teriyaki Chicken Strips LS Teriyaki Sauce Fried Rice Oriental Blend Veggies</p> <p>Rye Bread</p> <p>Fruit Cocktail</p>	<p>26</p> <p>Pineapple Juice Spaghetti & Meatballs Marinara Sauce Tossed Salad French Dressing Parmesan Cheese Italian Bread</p> <p>Chocolate Pudding</p>	<p>27</p> <p>LS Sliced Ham Pineapple Sauce Baby Red Potatoes Capri Blend Veggies</p> <p>12 Grain Bread</p> <p>Cantaloupe</p>	<p>28</p> <p>Grape Juice BBQ Rib-B-Que Buttered Noodles California Blend Veggies</p> <p>WW Hamburger Bun</p> <p>Fresh Apple</p>	